

# Bulletin national association of Taekwon-Do ITF 4/2015

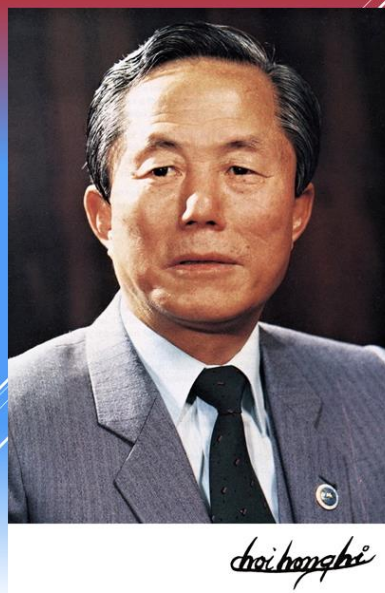


## Czech National Taekwon-Do Union ITF



11.4.1955 11.4.2015

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## Practical seminar Taekwon-Do for preschool children



In terms of prevention of pathological phenomena took place in the kindergarten in the village Čerčany practical seminar designed for children. Children were by playfully form learned how to behave in risky situations and enthusiastically tried out some exercises of this martial art. Exercising for pre-school classes children was prepared by the International Taekwon-Do ITF Instructor Ms. Lenka Kolofíková IV. Dan and Mr. Viktor Stein IV. Dan, coach of section Taekwon-Do Sparring Čerčany.



## Practical seminar Taekwon-Do for preschool children



In the kindergarten are three pre-school class and the cycle was divided into three exercises. At first held a discussion with the children about how to behave on the street and how to behave in case of reaching an unknown person. It can be state, that preschool children from school Čerčany are within safety really well prepared to enter elementary school. Children tried practise some basic elements of dexterity and the basic elements of self-defense. After a hesitant start, children gained courage and on the mat, after a while, they were like home. Hour of exercise actually took place very quickly and therefore we have agreed with the management of kindergartens on other events such as demonstrations of arts self defense Taekwon-Do, in which will practise former pupils from kindergarten Čerčany, currently students of the first and second grade primary school, who are members of school Taekwon-Do Sparring section Čerčany.



## New general partner CzNTU sponzor Czech national team



We present to you an important partner of the Czech National Union of Taekwon-Do ITF company DNS

DNS main partner of the Czech Republic Championship Taekwon-Do ITF 2015

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VALUE-ADDED DISTRIBUTOR OF IT TECHNOLOGIES

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During the more than fifteen years of its operations in the Czech market DNS has evolved into a very successful, self-confident and financially stable company – added-value distributor – with a turnover of USD100M. The company owes its success to 70 employees in 7 divisions:

Dell, Hewlet Packard, Hitachi, IBM, Infrastructure, SW, Solutions Sales and Delivery. The scope and quality of its services and technological know-how make DNS the industry leader. The company is part of the eD' system Czech Group.

DNS regularly takes leading position in the competition Czech IT Distributor held by Reseller Magazine and ChannelWorld Awards organised by ChannelWorld magazine.

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NA for ITF & AETF in Czech Republic





## 60th Anniversary of Taekwon-Do ITF

Just as a big part of Taekwon-Do world, we have also celebrated the 60th Anniversary of Taekwon-Do ITF.

We have had a special training, where instructors of our schools („old group“) met students (colour belts). We played some games as football and then we trained a lot – tulls, sparring combinations and special techniques. All excercises was in funny atmosphere. All participants of this special training enjoyed it a lot. One part of the meeting was also talking about Taekwon-Do history and about new events and new possibilities.





## 60th Anniversary of Taekwon-Do ITF



To celebrate the founding Taekwon-Do ITF was held joint training of divisions Czech National Union of Taekwon-Do in Benátky nad/J . Training was started by football match in which their wits teams Benátky nad/J and Sparring Mnichovice. After football match was started the warm-up, inspired by Master Jerzy Jedutem, led by coach Benátky nad/J Jan Ruzicka III. Dan. The second part was devoted to the preparation of special techniques. Coaches were join to this practice and showed to his students that there is a lot that they can show.





## Course coaches and referees Czech Taekwon-Do ITF

Part of the annual training was to acquaint with the ITF competition rules and their application in competitions CzNT. All rules were trained in a practical form. In the early evening, held training for referees CzNT by the participation of all school coaches Czech National Taekwon-Do Union. Based on the training, participants receive referee license for two years and the ID card for national referee Groups A, B, C. Next seminars are planned after the start of the new season 2015-2016. National training of trainers, coaches and assistants will be in frame of the two-day National Seminar with Master Jerzy Jedut VIII. Dan general secretary AETF and coach of the Polish national team. The date of the seminar will soon be published. Nice day culminated with a well-deserved dinner and a small celebration at a local restaurant.





## Kup grading spring 2015



After a period when students were hardworking on their Taekwon-Do knowledge and skills, almost one hundred of students asked the Technical committee of CzNTU (via their trainers) for grading.

The grading was on high quality level. This is the sign of their high-standard preparation. As well it is a certificate for their teachers and trainers, who did great work during preparation of new young generation.

Our biggest reward was a joy in childrens faces, when they showed their new certificates and new colour belts to their parents and brothers – they were very pride on it.

Next grading is scheduled at the beginning of the 2015-16 season





## Brigade recreational area Podolí preparing for summer camp activities within Dallyon



At the end of April, participated pupils CzNT on spring brigade in the recreation areal OKO where will be held the traditional summer camp 2015. This event was organized within the framework of exercise activities outside Dallyon.

After the winter months was necessary to prepare the accommodation for the participants of the summer. Whole camp, huts and windows were cleaned and also, like last year, was prepared paintball field.







## Brigade recreational area Podolí preparing for summer camp activities within Dallyon

Dallyon is not just about community work and assistance, it is necessary to also relax and have fun. Lunch prepared by chef and President Viktor Stein CzNT IV. Dan, his culinary skills were rewarded with praise from all participants. Because was the beautiful weather, we had the opportunity to enjoy spring nature which is waking up from hibernation. We organized shooting competition where especially the smallest pupils had the opportunity the first time, try shooting from rifle and revolver. The boys played football and girls carved musical instruments from wood. In the evening was a campfire roasting sausages. The owner of the camp Alexander Hupcej reward all participants in the form of sweets. We look forward to summer camp 2015.





## New pin for members CzNTU



Leadership Czech National Taekwon-Do prepared for members CzNT identification badges CzNT. The badges are handed over to members when obtain 9 Kup. Primarily used to identify our members and propagation of our association.



## Czech National Taekwon-Do Union ITF

Varhulíkové 1582/24

Prague 7 ZIP 17000 Czech Republic

Company nr.: 26635861

Tax ID: CZ26635861

Registration: VS/1-1/54 581/03-R

[cnut@taekwondocz.com](mailto:cnut@taekwondocz.com)

[www.taekwondocz.com](http://www.taekwondocz.com)

[You Tube](#)

[Facebook](#)

[Google+](#)

Viktor Stein

President

[president@taekwondocz.com](mailto:president@taekwondocz.com)

Kamil Kolofík

Technical komitee

[technical@taekwondocz.com](mailto:technical@taekwondocz.com)

Monika Dobíhalová

Secretary

[sekretar@taekwondocz.com](mailto:sekretar@taekwondocz.com)